

# Family Life

## UNDERSTANDING

# Preschool Children



### Project Overview

Being with young children can be fun, but it's also hard work. The project "Understanding Preschool Children" is designed to help 4-H members learn about young children. The project will lead students to find out how to help 3-5 year-old children grow positively.

### Key Learning Topics

- How you feel about being with 3-5 year-old children
- How preschool children act through observation
- How to use positive guidance
- How to feed, and play with young children
- What toys are safe and unsafe for preschoolers

### Expanding the Project

- Be a youth mentor or tutor
- Volunteer to be a junior leader
- Give a talk on safe toys
- Teach a friend what you learned

### Resources

- Understanding Preschool Children (R-24)
- General Record Sheet 300.A-7 (R-18)

### Exhibit Guidelines

- Display of safe and unsafe toys
- Display of how to choose foods for a preschooler
- DIY Early Childhood toy with information sheet
- Poster showing what you have learned about young children

Note: if entering posters or display boards in any of the classes listed above, ensure that they meet the following guidelines:

- Posters may be no larger than 14 X 22 inches. Posters are defined as any flat paper, foam board, cardboard, or other backing appropriate for hanging on the wall.
- Display Boards may be no larger than 18 x 48 inches. Display boards are defined as scored, freestanding science boards.
- Exhibits: Exhibit bases for three dimensional vertical displays may be no larger than 24 x 24 inches

### Targeting Life Skills:

- Nurturing Relationships
- Sharing
- Empathy
- Concern for Others
- Teamwork
- Leadership
- Volunteering
- Self-responsibility
- Character
- Managing Feelings
- Healthy Lifestyle choices

